Connectivity-based segmentation of human amygdala nuclei using probabilistic tractography

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A B S T R A C T
The amygdala plays an important role in emotional and social functions, and amygdala dysfunction has been associated with multiple neuropsychiatric disorders, including autism, anxiety, and depression. Although the amygdala is composed of multiple anatomically and functionally distinct nuclei, typical structural magnetic resonance imaging (MRI) sequences are unable to discern them. Thus, functional MRI (fMRI) studies typically average the BOLD response over the entire structure, which reveals some aspects of amygdala function as a whole but does not distinguish the separate roles of specific nuclei in humans. We developed a method to segment the human amygdala into its four major nuclei using only diffusion-weighted imaging and connectivity patterns derived mainly from animal studies. We refer to this new method as Tractography-based Segmentation, or TractSeg. The segmentations derived from TractSeg were topographically similar to their corresponding amygdaloid nuclei, and were validated against a high-resolution scan in which the nuclei boundaries were visible. In addition, nuclei topography was consistent across subjects. TractSeg relies on short scan acquisitions and widely accessible software packages, making it attractive for use in healthy populations to explore normal amygdala nucleus function, as well as in clinical and pediatric populations. Finally, it paves the way for implementing this method in other anatomical regions which are also composed of functional subunits that are difficult to distinguish with standard structural MRI.

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Introduction

The amygdala is a complex structure composed of a heterogenous group of nuclei and subnuclei, which are primarily defined by distinct cytoarchitectonics and differing connectivity patterns (Freese and Amaral, 2005, 2006, 2009; Alheid, 2003; Price et al., 1987; Aggleton, 2000; Gloor, 1972, 1978, 1997; McDonald, 1998). Although the names and boundaries of these nuclei remain disputed, they are commonly grouped into four main divisions: lateral (LA), basal and accessory basal (BA), medial and cortical (ME), and central (CE) (e.g. LeDoux, 1998). These structures are also functionally distinct. For example, LA is involved in learning new stimulus–affect associations (Johansen et al., 2010), whereas ME is involved in olfactory associations and sexual behavior (Lehman et al., 1980; Gian et al., 2008). These functions are likely determined by the afferent and efferent connectivity patterns to each region (LeDoux, 1996; Swanson and Petrovich, 1998; Pitkanen et al., 1997). For example, LA and BA are engaged in updating current stimulus value associations, primarily through connections with orbitofrontal regions (Baxter and Murray, 2002), whereas CE is believed to mediate behavioral responses to potentially harmful stimuli through its connectivity with hypothalamus, basal forebrain, and the brainstem (Kalin et al., 2004).

The distinct functions of the amygdala nucleus groups are not well-understood in the human brain, however, because the nuclei cannot be differentiated in standard magnetic resonance imaging. This is regrettable, because multiple studies suggest amygdalar involvement in psychopathology, such as mood (Phillips et al., 2003), anxiety (Rauch et al., 2003), and developmental disorders (Baron-Cohen et al., 2000). Some attempts have been made to segment the amygdala, either manually through visual approximation based on a single-subject histological atlas (Etkin et al., 2004), or automatically by normalizing the subject’s brain to a template brain and applying a thresholded probabilistic atlas (Amunts et al., 2005). The former approach is labor intensive and susceptible to human error, whereas the latter approach is prey to normalization errors. Further, the use of any atlas necessarily disregards individual differences in nucleic anatomy. Without an easily accessible and robust technique with which to compartmentalize the amygdala, it is difficult to elucidate the separate roles of the human amygdaloid nuclei, as well as the impact of individual differences in nucleus structure and function. Moreover, progress towards mechanistic theories of dysfunction and abnormal development will remain hindered until these structures can be explored in vivo.

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Given the unique set of extrinsic connections for each nucleus, it may be possible to differentiate the distinct nuclei by their anatomic connectivity patterns. A metric of structural connectivity can be acquired non-invasively through diffusion weighted imaging (DWI), an MRI method that utilizes the propensity of water to travel along myelinated axons. Fibers can then be reconstructed using a variety of methods collectively termed as tractography.

We adapted and extended methods that used probabilistic tractography (Behrens et al., 2003a) to divide each subject's set of amygdaloid voxels into logical subsets, using Boolean expressions. Boolean logic has several properties that make it potentially advantageous for segmenting regions with highly overlapping connectivity patterns such as the amygdaloid nuclei. First, Boolean expressions can define precise combinations of connectivity patterns through specifically defined sets of unions, intersections, and negations. This should be an effective approach in disambiguating the similar connectivity profiles among amygdaloid nuclei. Second, we expected that this would be particularly useful when combining several smaller nuclei or subnuclei with distinct connectivity patterns. For example, LA is composed of dorsal, dorsal intermediate, ventral intermediate, and ventral subnuclei (Pitkanen and Amaral, 1998; Price et al., 1987), but these subdivisions are too small for typical scan resolutions and so are combined here for practical purposes. Boolean logic can easily combine connectivity patterns of these small subnuclei into a single unit. Finally, Boolean logic is especially appropriate when connectivity patterns are known a priori and are well-explored; a single expression can then be directly constructed from actual anatomical data.

Here we present a novel method, TractSeg (Tractography-based Segmentation), that localizes the four main nucleus groups in the living human amygdala (BA, LA, CE, and ME) using probabilistic tractography on DWI scans that take less than 10 min to acquire. We hypothesized that it was possible to delineate subregions in the human amygdala based on connectivity patterns derived mainly from animal studies. To validate this method, we compared these subregions with the known topography of their corresponding nuclei, and tested how well they mapped on to the nucleic boundaries observable with a high-resolution scan. In addition, we assessed the across-subject consistency of TractSeg by measuring the spatial overlap between subjects’ nuclei, in a reference frame produced by rigid-body rotation based on each subject’s own amygdalae.

**Methods**

**Subjects**

Thirty-six subjects were recruited from the greater Boston area between the ages of 19 and 42 (mean age = 25.7 ± 0.2, 19 female). Subjects were screened for history of mental illness and were compensated at $30/h. The diffusion sequences and anatomical sequences took approximately 20 min. The study was approved by the Massachusetts Institute of Technology and Massachusetts General Hospital ethics committees.

**Acquisition**

Diffusion-weighted data were acquired using echo planar imaging (64 slices, voxel size 2 × 2 × 2 mm, 128 × 128 base resolution, diffusion weighting isotropically distributed along 60 directions, b-value 700 s/mm²) on a 3T Siemens scanner with a 32 channel head-coil (Reese et al., 2003). A high resolution (1 mm³) 3D magnetization-prepared rapid acquisition with gradient echo (MPRAGE) scan was also acquired on these subjects. An additional higher-resolution scan, which was optimized to differentiate amygdala nuclei in-vivo, was obtained on one of the subjects (dual-echo TE₀ = 5 ms, TE₁ = 12 ms, TR = 20 ms, 20° flip angle, 600 μm × 600 μm × 600 μm, 8 runs registered and averaged).

All analyses were performed on subject-specific anatomy, rather than extrapolation from a template brain.

**Tractography**

Automated cortical and subcortical parcellation was performed (Fischl et al., 2002, 2004) to define specific cortical and subcortical regions in each individual’s T1 scan. Automated segmentation results were reviewed for quality control, and were then registered to each individual’s diffusion images, and used as the seed and target regions for fiber tracking. The resulting cortical and subcortical targets (including the amygdala) were then checked, and corrected for parcellation errors if necessary. The principal diffusion directions were calculated per voxel, and probabilistic diffusion tractography was carried out using FSL-FDT (Behrens et al., 2003b, 2007) with 25,000 streamline samples in each seed voxel to create a connectivity distribution to each of the target regions, while avoiding a mask consisting of the ventricles.

**Classification**

In each subject, we calculated the connection probability (using FSL-FDT’s prootrackX) from each amygdala voxel (seed) to all bilateral cortical and subcortical regions (targets), and normalized the distribution of probabilities for each seed voxel to [0,1] by dividing by the maximum probability. We then thresholded and binarized these results to exclude values below 0.1, such that every amygdaloid voxel contained a 0 or 1 for each target.

Since many of the targets are connected to more than one amygdaloid nucleus (as are nuclei connected to more than one target), we built four Boolean expressions describing the ipsilateral targets that putatively connect with four amygdala nuclei a) LA b) BA c) ME and d) CE. We derived these expressions from histological tracing studies of animal amygdalae, such that each expression reflects known connectivity patterns of the individual nuclei (Table 1). We then applied these expressions to the connectivity distribution of each amygdala voxel. Those that fit an expression were classified as belonging to the corresponding nucleus, whereas voxels that did not match any expression remained unclassified.

For example, the LA is the primary recipient of high-level sensory input, mainly from anterior temporal regions, and does not connect with lower-level visual regions; it also receives specific, but sparse, input from the lateral orbitofrontal cortex, but not from medial orbitofrontal cortex. Moreover, there is little evidence of parietal connectivity with the amygdala in general, and specifically none with LA. In order to encapsulate this connectivity pattern in a single expression, we began by negating any voxel that connects with parietal, occipital, or medial orbitofrontal cortices. The LA was defined as the intersection between the remaining subset of voxels and those that connect with anterior temporal cortices, namely temporal pole or fusiform gyrus, or lateral orbitofrontal cortex when also accompanied by connections with other anterior temporal cortices such as the inferior or superior temporal gyr, since BA also connects with IOFC. The three other expressions were also constructed in a similar manner to reflect specific connectivity patterns. The BA projects to all components of the ventral visual system and is reciprocally connected with frontal cortices, mainly mOFC and IOFC. In addition, it is also heavily connected with the hippocampus and related structures. The ME and CE are both highly connected with midbrain targets, but are distinct in their connections to brainstem, in addition to other targets. We therefore used the intersection of ventral diencephalon with the union of caudate and hippocampus to reflect CE connectivity, whereas ME connectivity was characterized by the brainstem, thalamus, and ventral diencephalon targets.

The resulting images were spatially smoothed per nucleus in 3-dimensions, based on the number of neighboring voxels of the same
nucleus. Voxels with 6 or more neighbors were classified as the nucleus in question. In order to retain mutual exclusivity between nuclei, any overlapping voxels were classified as belonging to the smaller nucleus. This was implemented in order to preserve boundaries between the nuclei while overcoming the inherent problems of thresholding by number of neighbors: smaller nuclei are more prone to lose voxels, while larger ones are more prone to gain voxels. In the case of no voxels surviving the threshold (which was infrequent: left central in one subject, left medial in another subject, and right central in a third subject), the original un-smoothed nucleus was used. They were then filtered as belonging to the smaller nucleus.

\[ d = \text{norminv}(\text{hit rate}) - \text{norminv}(\text{false alarm rate}) \]

where \( \text{norminv}(x) \) is the inverse of the cumulative Gaussian distribution.

**Measures of consistency between subjects**

In order to compare the outcome of the connectivity-based segmentation between subjects and still preserve subject-specific anatomy (keeping the images in native-space rather than in normalized-space), we rotated the amygdalae of each subject along an axis drawn from the center-of-masses of the amygdala and the fourth ventricle, correcting for inter-subject differences in pitch (yaw and roll were consistent across subjects). After correcting for head rotation, we placed each amygdala into a common reference frame (with each subject’s amygdala centroid at the origin) by mean-shifting (subtracting the rotated coordinates from the amygdala center-of-mass). A conventional whole-brain approach would not have been practical or informative for comparing subjects or generating a probability map due to low cross-subject alignment of the entire amygdala; when we aligned subjects to the template T1 image provided by SPM8, we found that only 57.58% of the subjects were consistent in the spatial location of the right amygdala, and 60.61% for the left (as compared to our method of alignment for which there was a 97.06% overlap for the right amygdala, and 100% for the left).

Each subject was then iteratively compared with every other subject, and both accuracy and \( d’ \) were calculated per subject as the average overlap across the other subjects. We also calculated the mean volumes per nucleus across the subjects, and performed a two-sample Student’s t-test across hemispheres. A cut-off of \( p \leq 0.0125 \) (Bonferroni corrected for multiple comparisons) was used for determining the significance of these tests.

We also generated a probability atlas (Fig. 4) of the amygdaloid nuclei by aligning subjects’ amygdalae as above, and calculating the proportion of subjects that share nucleus classification for each voxel. For the sake of visualization, Fig. 4 displays the atlas thresholded at 15/35 subjects.

**Results**

We defined four Boolean expressions that correspond with known connectivity patterns of the four major nucleus groups of the amygdala: LA, BA, CE, and ME (Table 1). The combination of target regions for LA defined the most ventrolateral subregion of the amygdala (as shown on an example subject, Fig. 1B–C). This was present along the full rostrocaudal extent (Fig. 1A) of the amygdala, which is morphologically and spatially characteristic of LA (Gloor, 1997; Aggleton, 2000; Freese and Amaral, 2009). A similar, but distinct, pattern of connectivity (see Methods and Table 1) identified a more ventral amygdaloid region immediately medial to the LA, corresponding to the known location of the BA (Gloor, 1997; Aggleton, 2000; Freese and Amaral, 2009) (Fig. 1A–C). These two subregions were the largest of the tractographic classification, and indeed are the largest nuclei of the amygdala. The third expression defined an oblique subregion of the dorsomedial amygdala, a distinguishing feature of the ME (Fig. 1A–C), whereas the last expression classified voxels that were present in the dorsal amygdala and appeared in the caudal-most region, much like the CE (Fig. 1A). The four nuclei were also comparable between hemispheres (Fig. 1A–B).

**High-resolution validation**

In order to visualize the boundaries between the nuclei, we acquired an additional high-resolution anatomical scan from one subject (Fig. 2A). This scan, averaged over 8 runs totaling approximately 2 h, gave us the resolution and contrast-to-noise ratio (CNR) needed to visualize the boundaries between the nuclei in vivo. These images were manually labeled to segment the amygdala into the 4 nuclei (Fig. 2B), and compared to the connectivity-based segmentation based on the ten-minute diffusion-weighted sequence (Fig. 2C) in the same subject. The size, shape, and location of the LA, BA, CE, and
ME were markedly similar between the manually-labeled amygdala and the tractographic segmentation. Since both manual and tractographic segmentation were performed on the same individual, we were able to overlay and directly compare them. For each nucleus, we calculated accuracy as the proportion of matching voxels, and \( d' \) as the difference between standardized hit rates and false alarm rates, wherein values of 0 or \( < 0 \) imply an overlap at or worse than chance, and \( d' \geq 1 \) indicating high sensitivity. The tractographic segmentation was very similar to the manual segmentation, with high accuracy rates in both hemispheres for the LA (R:0.86; L:0.71), BA (R:0.80; L:0.66), CE (R:0.89; L:0.85), ME (R:0.93; L:0.95) and high \( d' \) values LA (R:2.13; L:1.27), BA (R:1.76; L:1.19), CE (R:1.16; L:2.40), ME (R:2.30; L:2.14).

Consistency across individuals

These subregions were also consistent in size, shape, and location across an additional 35 subjects, with lateral and basal occupying the largest volumes, central and medial the smallest (Table 2), and no between-hemisphere differences (LA: \( p = 0.89 \); BA: \( p = 0.24 \); CE: \( p = 0.02 \); ME: \( p = 0.34 \)). We placed each subject’s amygdala into a common reference frame via rigid body rotation, free of any spatial warping (see Methods). We were then able to visualize the consistency of nucleic location in three dimensions across individuals in both the right and left amygdalae (Fig. 3A).

Accuracy and \( d' \) measures of overlap between subjects were calculated by iteratively using each subject as a reference in comparison to every other subject. As observed qualitatively, the degree of overlap was high across subjects in both hemispheres, with high average accuracy rates (Fig. 3B): LA (R:0.73 \( \pm 0.01 \); L:0.77 \( \pm 0.01 \)), BA (R:0.76 \( \pm 0.01 \); L:0.78 \( \pm 0.01 \)), CE (R:0.89 \( \pm 0.01 \); L:0.88 \( \pm 0.01 \)), and ME (R:0.84 \( \pm 0.01 \); L:0.85 \( \pm 0.01 \)) and high average \( d' \) values: LA (R:1.23 \( \pm 0.05 \); L:1.52 \( \pm 0.06 \)), BA (R:1.25 \( \pm 0.05 \); L:1.29 \( \pm 0.06 \)), CE (R:1.47 \( \pm 0.05 \); L:1.66 \( \pm 0.05 \)), and ME (R:1.06 \( \pm 0.06 \); L:1.19 \( \pm 0.05 \)). We used these amygdala sub divisions from our 35 subjects to generate a population-based atlas of the human amygdala, thresholded by overlap of at least 15 out of 35 subjects (Fig. 4).

Discussion

By exploiting the differential connectivity patterns of four amygdaloid nuclei, we generated logical statements that anatomically define four subregions in the amygdala. These expressions were based on connectivity patterns from non-human amygdalae, since there are few human tracer studies. Nonetheless, when these expressions were applied to tractographic reconstructions of the human amygdala, they generated spatially-distinct clusters that map well to their known locations. These subregions were spatially consistent across individuals, and were validated by a high-resolution image in one subject.

To the best of our knowledge, this is the first time that the amygdala has been non-invasively segmented into four putative nucleus groups based on structural connectivity patterns. Previous research used other methods, such as visual approximation to distinguish the dorsal vs ventral amygdala (Etkin et al., 2004; Dolan, 2002, 2007; Dolan and Vuilleumier, 2003; Dolan et al., 2001, 2006) and posit functional roles for these subregions with fMRI, which can be further explored now at a single-subject level and with more subdivisions with which to predict and test models of amygdalar function. Fiber orientations (based on DWI scans) within the amygdala have been used to divide the structure into two subregions, centromedial and basolateral (Solano-Castiella et al., 2010). However,
this method, like others before it, performed analyses on images normalized to a template brain, and were also restricted to two subdivisions. Visual approximation or normalization methods may be susceptible to errors which the current method circumvents. We used native-space analyses (Fischl et al., 2008) to generate target regions which were specific to individuals’ anatomy, and performed all subsequent analyses in native-space as well, such that the resulting amygdala subdivisions were also unique to the individual’s own anatomy.

Native-space analyses better accommodate individual variation in subcortical volume (Di Martino et al., 2008; Pujol et al., in press), and are thus best-suited for volumetric analyses and studies of clinical populations that have smaller or larger average amygdala volumes (e.g. Nacewicz et al., 2006; Brambilla et al., 2003; Chance et al., 2002). The current method could be implemented to explore differences in amygdaloid nucleus volumes and their relative contributions to the size of the whole amygdala. Furthermore, volumetric differences between populations, elucidated via TractSeg, could indeed be due to either nucleic variation or to connectivity differences between populations. This can be further explored by applying the probability atlas to the pathological population, and analyzing connectivity differences between the atlas-based segmentation and the subject-specific TractSeg-based segmentation. Additionally, future studies can investigate the relative contribution of connectivity vs actual amygdala subdivision differences by generating a database of nucleus volumes (based on histology and/or high-resolution imaging) in order to probe normal variations, and relate them to connectivity differences.

We also extended other efforts to segment the amygdala or other gray matter structures through connectivity by validating the connectivity-based subdivisions using a high-resolution structural scan, similar to a previous approach for localizing lateral geniculate bodies (Devlin et al., 2006). High-resolution scans averaged across multiple runs, such as the one developed for the purposes of this study, allow for dramatically better visualization than standard resolution images. However they are currently too long to be commonly used in conjunction with other types of scans (such as functional MRI) and too strenuous for many subjects who cannot remain motionless throughout the scan; in our case, the high-resolution image took 2 h to acquire. Such long scan durations are especially impractical for clinical and developmental applications. The present study used a DWI scan lasting less than 10 min to segment the amygdala, and produced results that converged substantially with those of the optimized high-resolution acquisition.

Although we employed many of the basic principles and pre-processing steps of pioneering probabilistic tractographic studies, e.g. (Behrens et al., 2003a), our use of native-space analyses (discussed above) and Boolean logic extends these in ways that will facilitate future research at the single-subject level. This method can be applied to not only the amygdala, but to any gray matter structure.

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**Table 2**

<table>
<thead>
<tr>
<th>Nucleus Volumes in Proportion to the Whole Amygdala Across Subjects.</th>
<th>Lateral</th>
<th>Basal</th>
<th>Central</th>
<th>Medial</th>
</tr>
</thead>
<tbody>
<tr>
<td>Left</td>
<td>0.40 ± 0.03</td>
<td>0.32 ± 0.02</td>
<td>0.16 ± 0.01</td>
<td>0.12 ± 0.02</td>
</tr>
<tr>
<td>Right</td>
<td>0.40 ± 0.02</td>
<td>0.35 ± 0.02</td>
<td>0.11 ± 0.01</td>
<td>0.14 ± 0.02</td>
</tr>
</tbody>
</table>

Values are reported in mean ± standard error.
Furthermore, it is particularly effective because it allows for a combination of target regions and thus can be robust across individuals and noisy MR signals. These Boolean expressions can disambiguate the highly overlapping patterns of connectivity among gray matter nuclei with specifically defined sets of unions, intersections, and negations. It is particularly appropriate when connectivity patterns are known a priori in order to construct expressions that should theoretically define the nuclei in question. Future methods might also benefit from logical solutions that can handle continuous probabilities, as opposed to binarization, such as fuzzy logic, e.g. (McNeill and Freiberger, 1993).

One possible limitation of DWI in general is that the polarity of connections is unknown; future studies employing this method should keep this in consideration when building the sets of connectivity profiles. Also, since all cortical and subcortical regions were used to create target regions and connectivity distributions to the amygdala, whole-brain coverage during DWI acquisition is necessary to use this method.

We suggest that this method has applications in exploring the functions of distinct nuclei, exploring structural and functional networks, and can be used to logical solutions that can handle continuous probabilities, as opposed to binarization, such as fuzzy logic, e.g. (McNeill and Freiberger, 1993).

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Fig. 4. Amygdala tractographic segmentation atlas. Coronal slices through the population's left (top panels) and right (bottom panels) amygdalae, from posterior to anterior, in rotated space. The edges of the group probability maps, thresholded at $\geq 15/35$ subjects, are shown for each subregion (color-coded as in Fig. 1). Units are in millimeters, and with respect to the amygdala centroid. The reference point for rotation (4th ventricle) is posterior and normal to the plane for all subjects.


